# Jochem Doolaard

Personal Leadership Expert

Live out what truly matters to you



#### Bio

Jochem Doolaard is a Personal Leadership Expert who helps professionals and purpose-seekers align their work and life with what truly energizes and fulfills them. With a diverse background in Unilever, he transitioned to create meaningful experiences and leadership programs that empower individuals to live their purpose and make an impact.

Through his talks, programs, and platform Dreambuildrs, Jochem has helped hundreds of individuals move from feeling stuck to living with clarity, energy, and meaning. His mission is to make purposeful living the new normal — where individuals lead from within and organizations thrive through inspired, engaged people.

#### Signature topics



### 7 SIMPLE STEPS TO LIVE OUT WHO YOU ARE KEYNOTE / INSPIRATIONAL TALK

In this keynote, Jochem takes you through his own experience from being stuck to finding purpose and meaning by doing what matters. He walks through his practical 7-step framework to help people break free from doubt and take inspired action toward a life of purpose.

## PERSONAL LEADERSHIP ESSENTIALS WORKSHOP / MASTERCLASS

This interactive session helps participants reconnect with their inner compass, define what matters most, and design the life and work they love. Perfect for boosting energy, motivation, and leadership from within.

# CRACKING THE CODE TO LIVE YOUR PURPOSE WORKSHOP / MASTERCLASS

Knowing your purpose is not the same as living it out. What keeps holding you back from what you really want? This Workshop/Masterclass deconstructs the myths of big words such as "pursuing your dreams". It offers a very practical guide to taking action on the impact that you want to make in the world.

Booking info

www.dreambuildrs.com

jochem@dreambuildrs.com (351) 961713200



jochemdoolaard O



@dreambuildrs