

# JOCHEM

## Doolgaard

- Personal Leadership  
Expert -  
speaker | mentor



Live out what truly matters to you

### Bio

Jochem Doolgaard is a Personal Leadership Expert who guides purpose-driven professionals to get from being stuck in the hamster wheel to live out what truly matters to them. This guy knows exactly what he's talking about. After working in corporate for 8 years, he broke free from a comfortable corporate job to start living his purpose as an entrepreneur. As the founder of Dreambuilders Jochem now aims to fill the gap that no school education ever covers; he shows ambitious professionals how to add more meaning to their lives and to fully activate their potential. And not only that, he connects them to a supportive network of like-minded peers so that they can build their legacy while learning and evolving together.

### Signature topics



#### ESCAPING THE HAMSTERWHEEL

In this keynote Jochem takes you through his own experience of pulling the plug; from feeling stuck in corporate to doing what he loves doing most as an entrepreneur. He reveals all the worrying thoughts that came up while making that lifestyle shift and how you can successfully start building your own path.

#### DISCOVER AND ACTIVATE YOUR POTENTIAL

Do you wake up every morning excited to get to work? In this talk Jochem shows which simple steps you can take to get clarity around your unique purpose and the great feeling that comes when you start living that: getting back tons of energy, waking up with a smile on your face, doing new things and building a legacy that you are proud of. Every. Single. Day.

#### WHO DO YOU THINK YOU TRULY ARE?

Who are you? What are your dreams and desires? In this keynote Jochem deconstructs the myths around big words such as 'building your legacy' and the things that keep holding you back from the life you want. He will show how you can make purpose and meaning part of your daily life so that you can feel deeply connected with yourself and everyone around you.

Booking info

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